

These shoes were evaluated in quality shoe stores in the San Francisco and Seattle areas. Availability may vary by geographic area. This list does not include all quality shoes, and is only provided as a guideline to help you and your doctor find a shoe that will work well with your orthoses.

## Exercise Walking / Running<sup>§</sup>

<b>Adidas</b>	Adistar Control
<b>Aetrex</b>	Rhino Runner
<b>Asics Gel</b>	MC Plus* Foundation Kayano Evolution GT2120
<b>Brooks</b>	Beast* / Ariel* Addiction Adrenaline Trance
<b>Mizuno</b>	Wave Renegade
<b>New Balance</b>	587 768 859 1011 1123* 1224
<b>Saucony</b>	Grid Stabil Hurricane ProGrid Omni ProGrid Stabil

## Walking<sup>§</sup>

<b>Aetrex</b>	X800 and X900 Series
<b>Brooks</b>	Addiction Walker (Leather)
<b>Dunham</b>	5953 910 8000 9100
<b>New Balance</b>	811 845 927
<b>Saucony</b>	Grid Motion ProGrid Stabil LE
<b>SAS</b>	Time Out(m) Free Time(w)

## Trail Running/Light Hiking

<b>Asics</b>	Trabuco
<b>Brooks</b>	Addiction ASR5
<b>Keen</b>	TargheeII
<b>Merrill</b>	Chameleon Wrap
<b>Montrail</b>	Hardrock* Comp XCR Torre GTX
<b>New Balance</b>	907
<b>Saucony</b>	ProGrid Xodus

## Cross Trainers / Aerobics

<b>K-Swiss</b>	Ultrascendor Glaciator
<b>New Balance</b>	780 802 854 1003 1009*
<b>Nike</b>	Air Max 180 Trainer

## Basketball

<b>Adidas</b>	Bounce Commander Creator Rose Pro Model
<b>New Balance</b>	899 905
<b>Nike Air</b>	Huarache Air Power Max

## Dress Shoes: Heels, Flats, Casual

Ask your doctor how to select appropriate shoes for your needs. Evaluate shoes carefully before purchasing.

**Aravon Ariat Beautifeel Blend Dansko Finn Comfort Hush Puppies Kumfs Munro Naot Nickels Neil M Paul Thomas Redwing Rieker Rockport Salamander Sanita Selby Sudini Taryn Rose Theresia Think**

## Sandals

Sandal brands that can accommodate custom orthoses include:

**Ariat Birkenstock Dansko Finn Comfort Naot Solvee Theresia**

## Clogs and Slippers

Nontraditional slippers for support and comfort.

**Crocs Daniel Green Clogs Finn Comfort Orb Geisswan Clogs Heflinger Clogs Naot Iceland or Glacier Stegmann Clogs**

## Extra-Depth Shoes<sup>§</sup>

**Aetrex Apex Dr. Comfort Drew Orthofeet P.W. Minor Soft Spot**

<sup>§</sup> **Best shoe types for use with ProLab AFOs**  
<sup>\*</sup> **Maximum motion control**



*Wearing proper shoes is an important part of keeping your feet healthy.*

*Always remove the shoe insole before inserting orthotics.*